

# July Activity

## Bible Verse: Psalms 34

## Theme: A Song of Thanksgiving

### Materials:

- 2 Easter eggs
- Scissors
- 4 Plastic spoons
- Duct tape
- Rice
- \*Washi Tape (optional)

### Activity:



**Step 1:** Take your 2 Easter eggs and fill the bottom halves with rice and close them.

**Step 2:** Take 1 of your eggs and put it between the spoons. Have someone help you put a few strips of duct tape to hold the egg and spoons in place.

**Step 3:** Cut strips of duct tape and cover the spoons and egg completely.

\* OPTIONAL: use washi tape to decorate and add flare to your maracas.

**Step 4:** Read Psalms 34 and use your maracas to create a rhythm while reading.

### Lesson:

Worship and praise. What is worship and praise? Chapter 34 of Psalms tells us all about praising God, and how he helps those who do so. The act of giving thanks is often times called Thanksgiving. Thanksgiving can be done with our songs, words and actions. There is nothing you can do to earn God's grace. Our relationship with God only works when we do our part. Like a best friend, God is happy to hear from us all the time. When we are happy, when we are sad, and when we are heartbroken. When we ask for help, God loves providing his care and comfort. And all we have to do is spend time with him daily.